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Positive outdoor experience

Kick off meeting



Idrija, Slovenia

26th to 29th March 2022



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THE BEGINNING

Hello guys!

We are really happy that we will be able to welcome you in our green and picturesque country and we look forward to getting to know you. We will be staying in Idrija, a small town that is known for its mercury mine and the traditional Idrija lace.

The Slovenian organizational committee (from the office) and our contacts:

- Helena Ločniškar (+386 51 231 049); helena.locniskar@mcidrija.si
- Anita Česnik Mažgon (+386 51 231 049); anita.cesnik@mcidrija.si

There will be other locals and international volunteers included in our event.

ABOUT THE PROJECT

The **main objective of this project** is to develop activities and tools for positive outdoor experience while enabling the professionalisation of youth workers and offering young people the opportunity for transformative and non-formal learning experiences that will contribute to their personal growth. We will implement upgraded methods in this field, share our knowledge in the local environment and raise awareness of the potential that this type of work brings to various organizations in our environment.

KICK OFF MEETING

The **intention of our first meeting** that will take place in Idrija, Slovenia is to get to know each other, talk about our project and already experience some new methods of outdoor education ourselves.

We will define:

- tasks and roles of each organization
- dates of our group activities and training for youth workers
- dates and content of our local activities for first few months of the project
- details about managing the project (reporting, online meetings)
- check and discuss questions about partnership agreements
- and share experience of our good practices and of including young people with fewer opportunities in our activities

We will ask you to **prepare evening activities** (each night one organization) which can really be anything you think would fit in the topic of our project, done outdoors, indoors or around the town. It will be an opportunity for you to share some good practice, method, game, practical tool that others might find useful. If you need additional information to help prepare for your activity, we'll be happy to help.



Below you can see an **approximate schedule** of activities:

	Sat, 26th March	Sun, 27th March	Mon, 28th March	Tue, 29th March
8:00 – 9:00	arrivals	breakfast	breakfast	breakfast
morning activities		meeting about the project (goals, roles, time and financial plans)	planning and developing our local activities	
13:00 – 15:00		lunch	lunch	
afternoon activities		outdoor activity and a surprise local guide (individual work)	visiting a center for outdoor education	
19:00 – 20:00	dinner	dinner	dinner at the fireplace	
evening activities	<i>getting to know each other and expectations of this project (Pine?)</i>	<i>2nd project partner (Outward bound Croatia?)</i>	<i>3rd project partner (Wild Routes?)</i>	

PARTICIPANTS

We are expecting 2 to 3 youth workers from each organization to take part in the kick off meeting. They should be aged 18+, but if you have a younger motivated candidate, you can contact us.





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PREPARATIONS

Fill in the google form with all the needed personal details:

<https://forms.gle/dHn3dA1vHnTyNRCu8>

Check transport options for your group to arrive on 26th March before dinner (around 6 pm) and leave 29th March in the morning from Idrija and let us know about your arrival time.



Make sure you have a European Health Insurance Card (or order it).

Prepare one evening activity for the whole group: Think what might inspire others and prepare an activity for our evening together.

Pack your stuff: take some comfortable shoes and clothes for easy sports

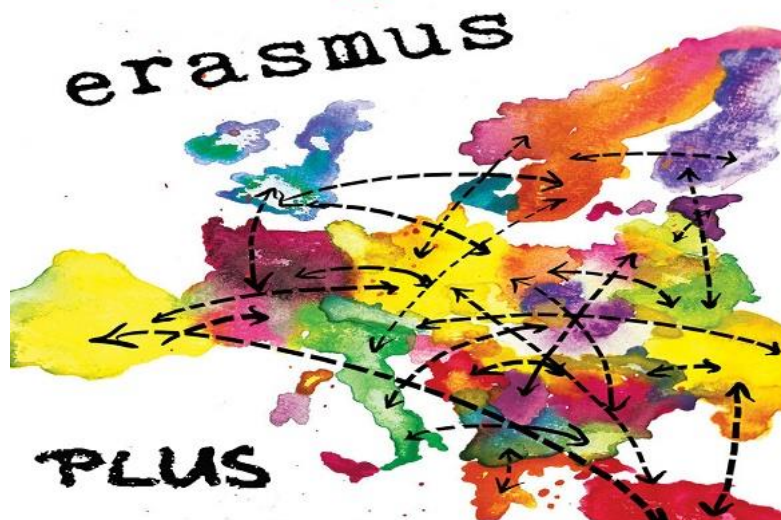
activity, because we will spend some time outdoors. If you're coming by car, you can take some mats to sit on the floor outside. End of March can still be cold winter time or it can get nicely warm during the day if it's sunny.

PRACTICAL ARRANGEMENTS

Transportation

Arriving to Slovenia

As far as the means of transport is concerned, there is plenty of possibilities to come to Slovenia. The most used are the plane connection to Ljubljana (Ljubljana Jože Pučnik Airport), Graz (airport in Austria), Zagreb (airport in Croatia) or Trieste/Venice (Italy). There are shuttle buses available from all the surrounding airports by a company called GoOpti. It works like the public transport, but it is much faster and adaptable. So as soon as you know your arrival time to SLOVENIA, book your transport either to Ljubljana (or to Logatec petrol station if you arrive with the shuttle from an airport in Italy) or to Idrija.





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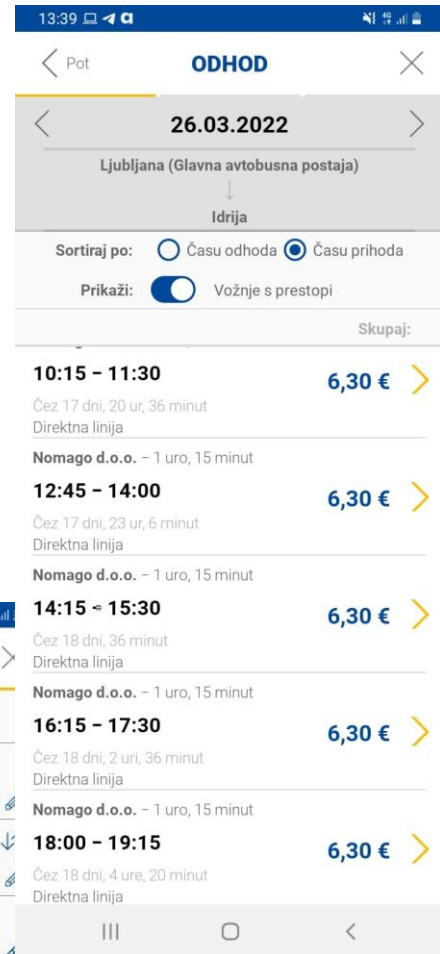
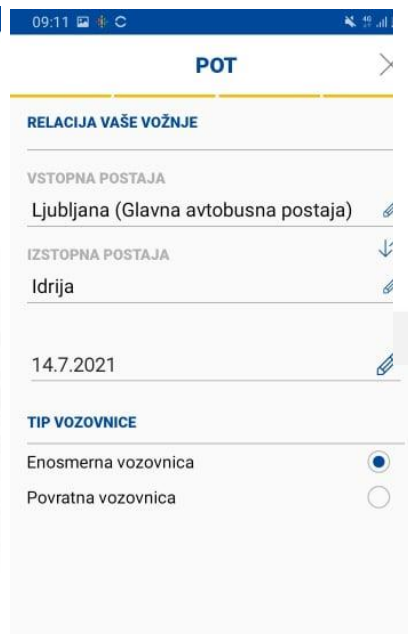
Arriving to Idrija

If you arrive to Ljubljana (or Logatec petrol station), the bus schedule is available on the "Nomago" app that you can download where you get your phone apps. (below you can find the schedule for 26th May from Ljubljana's main station to Idrija).

In the first screen you click "javni promet – enkratne".

You can buy the tickets via the app with a credit card or you can buy them directly at the driver with cash or at the main bus station.

Once you are at the bus stop, the bus will be somewhere between the numbers 11 and 13 (the board above it will say).



Arriving to the hostel

Our address is Hostel Idrija, Ulica IX. korpusa 17, 5280 Idrija.

Check out the [video](#) to help you come from the bus station to the hostel (up the hill!).

You are entitled only to get a reimbursement of travel costs if you use public means of transport or group transport (car). Taxi rides will not be covered.

!!! Make sure you **keep all travel documents!** Online boarding passes and tickets can be forwarded by e-mail as well.



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The travel costs can be reimbursed up to the amount mentioned below:

- Italy: 180 € per person
- Croatia: 180 € per person
- Poland: 275 € per person

Food

We will provide all the meals and we will mostly eat food at the venue, you might even try some local dishes! There will be a dinner waiting for you the first day. Our breakfasts will be self-served and we will prepare our own dinner on Monday evening at the fireplace.

COVID-19

We will organise the exchange so that we will be able to reduce the spread of the COVID-19 virus. We will be staying in our group and organize the activities outside in a way that you will not be in contact with other groups.

We will also provide you with information in case any testing would be necessary (that's another reason why you should bring your EHIC card).

There are currently no restrictions for entering Slovenia. You can follow the current measures for crossing borders here: <https://www.gov.si/en/topics/coronavirus-disease-covid-19/border-crossing/>

Accommodation (Hostel Idrija)



Run by the local young people for the (young) people from around the world. The Idrija Youth Hostel is located within a 5-minute walk from the UNESCO protected historic town center of Idrija. It is housed in an old nunnery, today the home of a youth center and numerous youth programs.

Having travelled the world, our team understands the needs and wishes of travelers: **fresh linen and towels, hot shower, good food, free internet, friendly staff and relaxing atmosphere.** We offer no less!

You will be staying in rooms with other people and share bathrooms and the kitchen with them.

More photos and **information:** <https://booki.ng/2iKL12G>



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Venue (Idrija Youth Center and outdoors)

The project will take place in the building in which you will be accommodated. The common space where we will spend some time together is where most of our workshops, lectures, meetings and free-time activities happen. It is a part of a big building (which among others includes the hostel), located less than 10 minutes' walk from the town's center.



General rules in the hostel and the venue

For the safety and a pleasant stay of all our guests, there are some basic rules we should all have in mind when living together in the house:

- Please pay attention to your roommates and stay silent after 10 PM and before 7 AM.
- It is not allowed to smoke, drink alcohol or eat in the rooms.
- When using the kitchen, clean the dishes and the working space before leaving.

General information, safety and insurance

Police: 113

Ambulance: 112

International code for Slovenia: 00 386

Youth center phone number: 00 386 51 231 049

Hostel phone number: 00 386 40 808 022



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ADDITIONAL INFORMATION

Location – Idrija

Idrija is a town in the Western part of Slovenia. It is well known for its mercury mine as well as for the miners' living quarters and the miners' theatre. Mercury was discovered in Idrija in the late 15th century. Together with the Spanish mine at Almadén, it has been a UNESCO World Heritage Site since 2012. A year later the town's park was registered in the UNESCO International Network of Geoparks. In 2011, Idrija was given the Alpine Town of the Year award.



Idrija is located in a valley surrounded by steep hills covered by woods. Staying here makes you feel cozy, warm and sheltered. Idrija is a basin and if you would like to come to Idrija, you cannot skip going uphill and driving on winding roads. You will see ©

More about Idrija: <http://www.idrija-tourism.com/>

Technical heritage: Museum Idrija, Kamšt, Klavže, Mine

Cultural heritage: religious (Holy Trinity Church), lace

Heritage of the 1st and 2nd World War: Slovenian Partisan Printing Workshop, Partisan Hospital Bolnica Pavla

Natural heritage: the lake of Divje jezero, Upper Idrijca Natural park

When visiting the **Slovenia's capital Ljubljana**, we suggest you download **the USE-IT app** and the city's map to help you navigate through the streets of the old town and even discover some local secrets.



Slovenian language

To learn Slovenian could be quite a difficult project, but we'd like to introduce you some sentences that you could use around during your time with us. 😊

Useful and nice phrases in Slovenian:

Dober dan!	Hello! (formal, meaning <i>good day</i>)
Dobro Jutro!	Good morning!
Zdravo! Živjo! Čau! Bok!	Hi! (informal)
Nasvidenje! Adijo! Čau! Bok! Ajde!	Goodbye! (the first form is formal, the following ones are informal)
Se vidimo!	See you!
Dober tek!	Bon appetit! Enjoy your meal!
Na zdravje!	Cheers!
Lahko noč! Lepo spi!	Good night! Sleep well!
Lačen/lačna sem!	I'm hungry! (the second form is female)
Žejen/žejna sem!	I'm thirsty! (the first form is male)
Koliko stane to?	How much does this cost?
Koliko je ura?	What time is it?
A lahko dobim sok/eno pivo/vino?	Can I order juice/a beer/wine?
Upam, da me ne napade medved!	I hope I don't get attacked by a bear
Gremo ven!	Let's go out!
Gremo žurat!	Let's go party!
Mi daš cifro/številko? 😊	Can I get your number?

NUMBERS; Ena (1), dva (2), tri (3), štiri (4), pet (5), šest (6), sedem (7), osem (8), devet (9), deset (10)