



What's Cooking?!

Youth exchange

9 – 23 July 2021

WHAT IS WHAT'S COOKING?

What's Cooking?! Is a youth exchange with the emphasis to use cooking as a tool to practice and improve communication & cooperation skills. There is no need to be a Michelin star chef if you would like to come or that you have a lot of experience in cooking, that you know tons of recipes or that you know all the flavours and cuisines in the world. What we do ask of you is that you are curious to improve your cooking skills, that you are interested in learning more about cooking and different meals, recipes, etc. and that you are willing to work together with people coming from completely different cultures, cuisines, flavours and meals.



During the exchange we will focus on three main aspects

- 1) Challenges, competitions and activities connected to cooking, cooperation & communication. Think of challenges as you can see in famous cooking shows like Masterchef
- 2) Investigate where the food is coming from: make a reportage/documentary on different food sectors. This will be done spread throughout more days in which you in a sub-group visit farms, interview them, make a video reportage, etc. all to show the viewer the origin of the food he is putting in his mouth
- 3) Your own restaurant! You as a complete group will make a restaurant at the premises of the accommodation and invite locals to come for a meal in your restaurant. As a group you're accountable for dividing the tasks, decorating the restaurant, making the meal, etc. etc. all aspects which is related to a successful restaurant.

FOR WHO IS IT?

The exchange is for you if you are aged between 16 to 21 and if you are interested in food & cooking as well as learning more about other cultures and way of living. Preferably we would like to see some and some old participants who participated in previous projects with us and a few new participants who come for the first time to our project in each national team.



The participating countries are:

Country	Organisation	E-mail address
Lithuania	Generations of Europe	generationsofeurope@gmail.com
Macedonia	Eunoia	Ngo.eunoia@gmail.com
Greece	Roes Cooperativa	weare@roescoop.com
Slovenia	Youth Center Idrija	info@mcidrija.si
Italy	YOBBO – Youth Beyond Borders	yobboprojects@gmail.com
Portugal	Rota Jovem	goeurope@rotajovem.com
Spain	Infinity Synergy Spain	infinityelkartea@gmail.com
Bulgaria	Association Walk Together	ngo.walktogether@gmail.com
France	Parcours le Monde	Marion.deumie@parcourslemonde.org



WHAT WILL WE DO?

The exchange will be held in group accommodation Olde Vechte (www.oldevechte.nl/en). We will take care all together of the group accommodation in cleaning, preparing breakfast & lunch and cooking ourselves for everyone (obviously!!).

Arrival day	Friday 9 July
Departure day	Friday 23 July



After receiving confirmation of participation, you can book your ticket according to these details. Please inform the organisers about your arrival and departure time. Your presence is obligated during the entire duration of the exchange. If you wish to arrive earlier or depart later, please inform us upfront in order to help you with accommodation. Extra duration of accommodation will be at your own expenses.

9 countries will participate, which are Lithuania, Macedonia, Greece, Slovenia, Italy, Portugal, Spain, Bulgaria and France. From each country there will come 5 persons, so in total we will be with 45 persons.



During the exchange we need to maintain and keep the building clean ourselves, a carousel schema will be made in which everyone is equally involved in cleaning several parts of the building during the period.

Look for flights which arrive and depart at:

Arrival date: Monday 5 August

Departure date: Wednesday 21 August – departure times around 12:00 from the airport

In the early morning there are no trains departing to the airports, the most convenient for you is to arrange a flight which departs in the afternoon or evening.

FINANCES

The costs for food and accommodation are covered, however, this time we are asking for a participation fee of **50,- Euro** per participant. That is due to the outdoor activities we are going to organise which require the rent of specific material, cars and services.

For travel costs you receive 275,- euro for both arrival and departure (360,- euro for Greece), you can spend this money in a way that suits best for your travel to and from Ommen and if you save money, it is yours and you can use it to cover your participation fee.

PRACTICAL INFORMATION

- ✓ **Washing machine:**
There is a washing machine at Olde Vechte with soap included.
- ✓ **Internet:**
The buildings are provided with Wi-Fi connection.
- ✓ **Bed linen:**
Bed linen will be provided
- ✓ **Showers and toilets:**





There are plenty of showers and toilets in Olde Vechte accommodation. You do need to bring your own towels, soap and shampoo.

✓ **Clothing:**

Weather in Netherlands can be crazy. Bring warm and light clothes, but most of all, bring rain proof, comfortable and old clothes as well, mostly for the outdoor activities!

COVID-19



We will organise the exchange in such a way that we can keep a safe living & working environment in order to reduce the spread of the COVID-19 virus. We have experience in organising an exchange under these circumstances so we know what we can expect and how to keep it safe for you. We will take care of all safety measures and also, we won't let you do activities in which you are in large groups and in contact with any outside groups. During the outdoor activity you are out on the countryside at farms etc. so there is minimum risk and easy to keep your distance from others.

When you need to travel to/from Netherlands, it is likely that you need to do a test before entering the plane, this will be 100% reimbursed by us. Best is to check what is needed on the website of the airline company and you can check the latest rules and numbers in Netherlands on this website: <https://www.government.nl/topics/coronavirus-covid-19/visiting-the-netherlands-from-abroad>

PRACTICAL INFORMATION

Will be shared with you in a later stage, you will also be invited to a Facebook group in which we share all latest info as well as updates regarding the Corona rules. Also we will send you preparation assignments to complete prior to your arrival.

Any questions or you would like to know more? Contact us at: contactcherrygroup@gmail.com

